### Stonegates Activity Calendar March 2020

#### Sunday
- **01**
  - Cancelled - 11:00 Westminster Church Service in Healthcare

#### Monday
- **02**
  - 9:00 Str. & Bal. Stu. A
  - 10:00 Fitness Challenge – HC
  - 2:00 Trivial Pursuit – Pub

#### Tuesday
- **03**
  - 11:00 Tai Chi- Studio A
  - 3:00 PBS Series - Season 1 of Downton Abbey – TR
  - 6:00 Soup & Sandwich Nite – Open Seating
  - 7:30 May I? game in T/R

#### Wednesday
- **04**
  - 9:00 Str. & Bal. Stu. A
  - 9:45 Cardio Kinetics Circuit – CK (fitness center)
  - 10:00 Fitness Chal. HC
  - 10:30 So & Sews- L/R
  - 2:00 Sages Book Club – L/R

#### Thursday
- **05**
  - 11:00 Tai Chi – Studio A
  - 4:00 Rummikub – T/R
  - 5:30 Michael Hunter on the Piano in the L/R

#### Friday
- **06**
  - 9:00 Strength & Balance – Studio A
  - 9:45 Cardio Kinetics Circuit – CK (fitness center)
  - 10:00 Fitness Chal. – HC
  - 2:00 Canasta – Pub
  - 4:00 Chorus – L/R
  - 5:30 Wine and Cheese in Pub

#### Saturday
- **07**
  - 7:30 May I? game in T/R

#### Events
- **08**
  - 2:00 Art Class

#### Monday
- **09**
  - 9:00 - Str. & Bal. S. A
  - 10:00 Fitness Challenge – HC
  - 2:00 Trivial Pursuit – Pub

- **10**
  - 10:00 Greenville Shopping
  - 11:00 Tai Chi- Studio A
  - 3:00 PBS Series - Season 1 of Downton Abbey – TR
  - 7:30 May I? game in T/R

- **11**
  - 9:00 Str. & Bal. Stu. A
  - 9:45 Cardio Kinetics Circuit – CK (fitness center)
  - 10:00 Fitness Chal. HC
  - 10:30 So & Sews- L/R
  - 5:00 Bingo - TR

- **12**
  - 11:00 Tai Chi – Studio A
  - 2:00 Men’s Poker – L/R
  - 4:00 Demo & Vino (Art) – WH 495
  - 4:00 Rummikub – T/R
  - 5:30 Michael Hunter on the Piano in the L/R

#### Tuesday
- **13**
  - 9:00 Strig & Bal. – Sto A
  - 10:00 Fitness Chal. – HC
  - 1:30 Transportation to Playhouse to see “The Play that Goes Wrong”
  - 2:00 Canasta – Pub
  - 5:30 Wine and Cheese in Pub

#### Wednesday
- **14**
  - 2:00 Trivial Pursuit

- **15**
  - 9:00 Str. & Bal. Stu. A
  - 10:00 Fitness Challenge – HC
  - 2:00 Trivial Pursuit – Pub
  - 4:30 Opera Delaware Presentation- TR

- **16**
  - 11:00 Tai Chi- Studio A
  - 12:15 NEW - CORE Power class in Fitness Center
  - 3:00 PBS Series - Season 1 of Downton Abbey – TR
  - 5:30 St. Patrick Sing Along in Pub/LR
  - 7:30 May I? game in T/R

- **17**
  - 11:00 Tai Chi- Studio A
  - 12:15 NEW - CORE Power class in Fitness Center
  - 3:00 PBS Series - Season 1 of Downton Abbey – TR
  - 5:30 St. Patrick Sing Along in Pub/LR
  - 7:30 May I? game in T/R

#### Thursday
- **18**
  - 9:00 Str. & Bal. Stu. A
  - 9:45 Cardio Kinetics Circuit – CK (fitness center)
  - 10:00 Fitness Chal. HC
  - 10:30 So & Sews- L/R
  - 11:00 Phone/Ipod discussion- Pub

#### Friday
- **19**
  - 11:00 Tai Chi – Studio A
  - 12:15 NEW CORE Power class in Fitness Center
  - 1:00 Wellness Walkers to Valley Park for ½ hr. stretch & stroll – treats upon return
  - 4:00 Rummikub – T/R
  - 5:30 Michael Hunter on the Piano in the L/R

#### Saturday
- **20**
  - 9:00 Strength & Balance – Studio A
  - 9:45 Cardio Kinetics Circuit – CK (fitness center)
  - 10:00 Fitness Chal. – HC
  - 2:00 Canasta – Pub
  - 4:00 Chorus – L/R
  - 5:30 Wine and Cheese in Pub

#### Sunday
- **21**
  - 7:30 May I? game in T/R

#### Highlights
- **22**
  - 11:00 Tai Chi- Studio A
  - 12:15 NEW - CORE Power class in Fitness Center
  - 3:00 PBS Series - Season 1 of Downton Abbey – TR
  - 5:30 Dinner Out Columbus Inn
  - 7:30 May I? game in T/R

#### Monday
- **23**
  - 9:00 Str. & Bal. Stu. A
  - 10:00 Fitness Challenge – HC
  - 2:00 Trivial Pursuit – Pub

#### Tuesday
- **24**
  - 10:00 Greenville Shopping
  - 11:00 Tai Chi- Studio A
  - 12:15 NEW - CORE Power class in Fitness Center
  - 7:30 May I? game in T/R

#### Wednesday
- **25**
  - 9:00 Str. & Bal. Stu. A
  - 9:45 Cardio Kinetics Circuit – CK (fitness center)
  - 10:00 Fitness Chal. HC
  - 10:30 So & Sews- L/R
  - 1:30 Catholic Mass in Healthcare

#### Thursday
- **26**
  - 11:00 Tai Chi – Studio A
  - 12:15 NEW - CORE Power class in Fitness Center
  - 2:30 Volunteer Service Project - Collection of Toys and Books plus decorating/assembling lunch bags – T/R
  - 4:00 Rummikub – T/R
  - 5:30 Michael Hunter on the Piano in the L/R

#### Friday
- **27**
  - 9:00 Strength & Balance – Studio A
  - 9:45 CORE Power class in Fitness Center
  - 10:00 Fitness Chal. – HC
  - 2:00 Canasta – Pub
  - 5:30 Pop Up Picture Party – L/R
  - 6:45 Transportation to De Symphony to hear “The Spirit World”

#### Saturday
- **28**
  - 7:30 May I? game in T/R

#### Events
- **29**
  - 9:00 Str. & Bal. Stu. A
  - 10:00 Fitness Challenge – HC
  - 2:00 Trivial Pursuit – Pub

#### Sunday
- **30**
  - 10:00 Trader Joe’s Shopping
  - 11:00 Tai Chi- Studio A
  - 12:15 NEW - CORE Power class in Fitness Center
  - 3:00 PBS Series - Season 1 of Downton Abbey – TR
  - 5:30 Dinner Out Columbus Inn
  - 7:30 May I? game in T/R

#### Monday
- **31**
  - 9:00 Str. & Bal. Stu. A
  - 10:00 Fitness Challenge – HC
  - 2:00 Trivial Pursuit – Pub

#### Tuesday
- **Highlights:** Demo & Vino – 3/12
  - Opera Delaware – 3/16
  - St. Patrick Sing A Long – 3/17
  - Volunteer Service Project for Ronald McDonald House – 3/26
  - Pop Up Picture Party – 3/27

#### Wednesday
- **April**
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  - 5 6 7 8 9 10 11
  - 12 13 14 15 16 17 18
  - 19 20 21 22 23 24 25
  - 26 27 28 29 30